



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
March 2021**



Monday		Tuesday		Wednesday		Thursday		Friday	
1	<u>BREAKFAST</u> Fruit Mini-Muffin Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Dog B. Tuna on Roll C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce	2	<u>BREAKFAST</u> Egg & Cheese Omelet Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Parmesan B. Tuna on Roll C. P.B. & Jelly Peas Buttered Pasta Celery Apple Donut	3	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. French Toast B. Tuna on Roll C. P.B. & Jelly Hash Brown Juice Cups Banana	4	<u>BREAKFAST</u> Mini-Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Taco in A Bag B. Tuna on Roll C. P.B. & Jelly Pretzel-Salsa Cheese-Lettuce& Tomatoes Strawberry Cup	5	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza B. Tuna on Roll C. P.B. & Jelly Carrots Salad Pineapples
8	<u>BREAKFAST</u> Cinni Mini Bun Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Strips B. Pizza C. P.B. & Jelly Green Beans Rice Mixed Fruit	9	<u>BREAKFAST</u> Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Steak B. Pizza C. P.B. & Jelly Baked Chips Bake Beans Clementine	10	<u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Buttered Pasta Cucumber Slices Pineapples	11	<u>BREAKFAST</u> English Muffin/Jam Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ham Sub B. Pizza C. P.B. & Jelly Lettuce Tomato Cup Baked Chips Carrots Mandarin Oranges	12	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Mozzarella Bread Sticks B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Apple Crumb
15	<u>BREAKFAST</u> French Toast Syrup Cup Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly French Fries Baby Carrots Lettuce & Tomatoes Peaches	16	<u>BREAKFAST</u> Chocolate Chip Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Pattie B. Hot Dog C. P.B. & Jelly Potato Fries Bake Beans Lettuce Tomato Cup Oranges	17	<u>BREAKFAST</u> Oatmeal Bar Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Egg/Cheese on Crossiant B. Hot Dog C. P.B. & Jelly Hash Browns Baby Carrots Juice Cup Banana	18	<u>BREAKFAST</u> Egg Omelet Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Fajita B. Hot Dog C. P.B. & Jelly Salsa - Cheese Soft Pretzel-Refried Beans Lettuce Tomato Cup Grapes Sherbet	19	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Macaroni & Cheese B. Hot Dog C. P.B. & Jelly Green Beans Stewed Tomatoes Apple Slices
22	<u>BREAKFAST</u> Apple Frudel Fresh Fruit or Juice Milk <u>LUNCH</u> A. BBQ Rib B. Chili w/Roll C. P.B. & Jelly Potato Fries Green Beans Mixed Fruit	23	<u>BREAKFAST</u> Strawberry Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ham & Cheese-Pretzel Roll B. Chili w/Roll C. P.B. & Jelly Potato Tots Celery & Carrots w/Dip Banana	24	<u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ravioli B. Chili w/Roll C. P.B. & Jelly Breadstick Garbanzo Beans Romaine Salad Mandarin Oranges	25	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit or Juice Milk <u>LUNCH</u> A. Turkey Sub B. Chili w/Roll C. P.B. & Jelly Lettuce Tomato Cup Baked Sun Chips Baby Carrots Applesauce	26	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Personal Pan Pizza B. Chili w/Roll C. P.B. & Jelly Broccoli Fruit Choice Sherbet

Breakfast..... \$1.10
Breakfast (Reduced).... \$0.30
Lunch (Reduced)..... \$0.40

LUNCH
Elementary..... \$2.35
Middle School..... \$2.45
High School..... \$2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily