




Schuylkill Haven School District  
LUNCH MENU  
AUGUST & SEPTEMBER 2019



Monday		Tuesday		Wednesday		Thursday		Friday	
<b>26</b>	<u>BREAKFAST</u> Muffin Whole Grain Cereal Fresh Fruit or Juice  <u>LUNCH</u> A. Hot Dog B. Chipped Ham & Cheese C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange	<b>27</b>	<u>BREAKFAST</u> Strawberry Pancake Fresh Fruit or Juice  <u>LUNCH</u> A. Chicken Parmesan B. Chipped Ham & Cheese C. P.B. & Jelly Celery Sticks Buttered Pasta Steamed Broccoli Apple Slices	<b>28</b>	<u>BREAKFAST</u> Pop-Tart Whole Grain Cereal Fresh Fruit or Juice  <u>LUNCH</u> A. French Bread Pizza B. Chipped Ham & Cheese C. P.B. & Jelly Corn Salad Peaches Banana	<b>29</b>	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice  <u>LUNCH</u> A. Taco In A Bag B. Chipped Ham & Cheese C. P.B. & Jelly Lettuce-Tomato Cup Cheese-Salsa Soft Pretzel Fruit Sherbet	<b>30</b>	<u>BREAKFAST</u> Breakfast Grabber Fresh Fruit  <u>LUNCH</u> A. Personal Pan Pizza B. Chipped Ham & Cheese C. P.B. & Jelly Steamed Broccoli & Cauliflower Fresh Veggie Choice Pineapples Apple Sauce
<b>2</b>	<u>BREAKFAST</u> 	<b>3</b>	<u>BREAKFAST</u> Yogurt Muffin Fresh Fruit or Juice  <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (H.S.) Pears Clementine	<b>4</b>	<u>BREAKFAST</u> Egg Omelet English Muffin Fresh Fruit or Juice  <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Mashed Potatoes Corn-Bread Stick Cucumber Slices Pineapples Grapes	<b>5</b>	<u>BREAKFAST</u> French Toast Sticks Fresh Fruit or Juice  <u>LUNCH</u> A. Turkey Sub B. Pizza C. P.B. & Jelly Pickles Sun Chips Baby Carrots Mandarin Oranges Peaches	<b>6</b>	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit  <u>LUNCH</u> A. Toasted Cheese B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Applesauce
<b>9</b>	<u>BREAKFAST</u> Pancakes Fresh Fruit or Juice  <u>LUNCH</u> A. Turkey Pot-Pie B. Lebanon Bologna C. P.B. & Jelly Salad-Cherry Tomatoes Garbanzo Beans Dinner Roll/Spread Apple Sauce Grapes	<b>10</b>	<u>BREAKFAST</u> Mini Muffin Whole Grain Cereal Fresh Fruit or Juice  <u>LUNCH</u> A. Corn Dog Nuggets B. Lebanon Bologna C. P.B. & Jelly Potato Fries Cucumbers Mixed Fruit Orange	<b>11</b>	<u>BREAKFAST</u> Cinni Mini Fresh Fruit or Juice  <u>LUNCH</u> A. Egg/Cheese on Croissant B. Lebanon Bologna C. P.B. & Jelly Hash Brown Baby Carrots Juice Cup Banana	<b>12</b>	<u>BREAKFAST</u> Waffles Fresh Fruit or Juice  <u>LUNCH</u> A. Chicken Fajita B. Lebanon Bologna C. P.B. & Jelly Lettuce-Tomatoes Cheese-Salsa Soft Pretzel Pineapples	<b>13</b>	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit  <u>LUNCH</u> A. Mac & Cheese B. Lebanon Bologna C. P.B. & Jelly Stewed Tomatoes-Carrots Celery w/dip Sherbet Cup Apple Slices
<b>16</b>	<u>BREAKFAST</u> Graham Cracker Yogurt Fresh Fruit or Juice  <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices Mixed Fruit	<b>17</b>	<u>BREAKFAST</u> Fruit Pancakes Fresh Fruit or Juice  <u>LUNCH</u> A. Beef Ravioli B. Hot Dog C. P.B. & Jelly Bread Stick Salad-Cucumbers Peach Cup Oranges	<b>18</b>	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit or Juice  <u>LUNCH</u> A. Hot Pockets B. Hot Dog C. P.B. & Jelly Potato Fries Green Beans Celery w/Peanut Butter Pears Grapes	<b>19</b>	<u>BREAKFAST</u> Bagel/Spread Whole Grain Cereal Fresh Fruit or Juice  <u>LUNCH</u> A. Lasagna Roll Ups B. Hot Dog C. P.B. & Jelly Salad w/Tomatoes Roll w/spread Peaches Banana	<b>20</b>	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit  <u>LUNCH</u> A. Pizza Wedge B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Baby Carrots Apple Pineapples
<b>23</b>	<u>BREAKFAST</u> Choc. Chip Waffles Fresh Fruit or Juice  <u>LUNCH</u> A. Chicken Strips w/Roll B. Chicken Pattie C. P.B. & Jelly Mashed Potatoes Winter Blend Vegetables Peaches Mixed Fruit	<b>24</b>	<u>BREAKFAST</u> Pop-Tart Whole Grain Cereal Fresh Fruit or Juice  <u>LUNCH</u> A. Hot Ham & Cheese B. Chicken Pattie C. P.B. & Jelly Potato Tots Celery & Carrots w/Dip Banana Juice Cup	<b>25</b>	<u>BREAKFAST</u> Scrambled Eggs Fruit or Juice  <u>LUNCH</u> A. Chicken Penne W/Broccoli B. Chicken Pattie C. P.B. & Jelly Salad - Grape Tomatoes Dinner Roll w/Spread Pears Mandarin Oranges	<b>26</b>	<u>BREAKFAST</u> Apple Turnover Fruit or Juice  <u>LUNCH</u> A. Meatball Sandwich B. Chicken Pattie C. P.B. & Jelly Pota Fries Assorted Fresh Vegetables Apple Sauce Clementines	<b>27</b>	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit  <u>LUNCH</u> A. Pierogies B. Chicken Pattie C. P.B. & Jelly Pretzel Nuggets Corn - Baby Carrots Pineapples Peach Cups

\*MENUS SUBJECT TO CHANGE AS REQUIRED. Choice of fresh fruits, salads and vegetables daily  
Choice of 1%, chocolate and skim milk available daily